



Lyme Central School

LEARNING CREATES SUCCESS

Volume 12 Issue 8

February 2012

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Superintendent's Message

Karen M. Donahue, Superintendent

You may have seen the term "GEA" when reading about NYS school aid. This new feature of the school aid formula is actually a deduction in state aid that schools incur. In 2009 NYS established this payment as a method to "eliminate the gap between the revenues the state collects and the expenses it pays". Each school district in the state has been assessed a payment for the past two years. Lyme CSD has lost over \$774,000 so far and our 2012-2013 payment will be \$396,477 for a grand total of \$1.17 million.

It appears that NYS is righting it's financial ship on the backs of our children... for the past three years we have seen state support of public education diminish dramatically. Last year alone about \$2.7 billion in school state aid was cut statewide.

It is no surprise that the challenges we face as a school community are daunting. We have worked diligently to keep costs down and tax increases at a minimum, despite the lack of needed support from our state government. As of today we are expecting state aid to be funded at the 2008 level, we are obligated to pay a "Gap Elimination Adjustment" of \$396,477. and meet unfunded state mandates for additional programs and services. We continue to work with local and state representatives to change the inequity in state aid distribution, with rural high needs schools paying much more than suburban high wealth districts. Our purpose is the same – to provide a quality education for all of our students while keeping costs at a level that taxpayers can afford.

2012-2013 Budget Survey

- We are beginning the task of developing a final budget proposal for SY 2012-2013. We are very interested in hearing from you. The Board of Education would like to know what residents value in a Lyme CSD education. We invite you to take a few minutes to participate in a budget survey. The Board will consider data from the survey when creating the final 2012-2013 budget residents will vote on in May.
- At the end of the survey you will have an opportunity to ask the Board a budget related question. Answers to frequently asked questions will be posted on the district website.
- Your individual answers will be kept confidential.
- The survey will be open until **Feb. 29, 2012.**
- **To take the survey please go to our website www.lymecsd.org and click on the "budget" tab and select survey.**
- If you know a resident who would like to take the survey but does not have internet access, please ask them to call the district office, 649-2417, ext 7, to request a hard copy.



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Athletic Director
Patricia Gibbons, Pupil Services Dir
/CSE Chairperson

School Counselor

Jennifer Durr

School Nurse

Christine Lachenauer

Tax Collector

Vicky Barbour

Administrator News

Barry Davis, Principal

I challenged our elementary students to read 31 books or chapters during our month of "Readuary." I am pleased to announce that most of our students achieved the challenge and will be recognized at the February elementary awards assembly!!!

A special part of "Readuary" was the Pirate Week held in our primary classrooms! Thank you to our teachers, parents and staff who organized and participated in this literacy based week! By the smiles on our students' faces, it was easy to see what a success it was!

The Lyme Central School Science Fair will be held on March 1, in the gymnasium. Viewing of the projects is from 6-7 PM that evening with awards to follow. This event was well attended last year and showcased exceptional authentic learning experiences.

The modified boys and girls basketball teams have games during February and early March. The home games begin at 4:30 PM. Please come out and support our young athletes.

Turn off the TV and video games and read a good book with your child. You'll both have a rewarding evening.



Patricia Gibbons, Director of Pupil Services

Greetings!

We are in the second semester of the school year. This marks the halfway point. Historically, the second half of the school year tends to move along much more quickly than the first 20 weeks of school. The other good news is that Spring is not too far off in the distance!

STUDENT NEWS:

With the start of a new year, marks financial aid season. Mrs. Durr recently offered a

workshop on the financial aid process. For those students who are considering attending college next year and for parents thinking about how to financially afford your child's education, help is available. The process begins with filing the FAFSA (the Free Application for Federal Student Aid) which uses your family's tax information from last year. This form is used by the federal government to determine need-based financial aid. Also, many colleges and universities use it to formulate their scholarships. JCC will be holding a local Financial Aid Day on **Saturday, February, 11, from 9-12 PM in Room 6-002, Jules Center Amphitheater .**

This is a hands-on workshop designed to walk you through the maze of completing the FAFSA and also assisting with learning about higher education funding opportunities including loans, grants, student employment and scholarships. This will be held in conjunction with SUNY Higher Education Application (for students specifically interested in SUNY schools). For more information about this opportunity, contact JCC's financial aid office at 786-2355 or visit online at www.suny.edu/studentevents. Interested participants need to register for this event online.

College is possible and financing is available.

CURRICULUM NEWS:

Our teachers have been busy continuing their training on the New Common Core Standards for ELA and Math. They have undergone extensive training on how to adjust their teaching to incorporate these shifts in education. We continue to work with the content specialists or the Race To The Top Network Team (RTTT), who receive their training through the State Education Department (SED) and deliver to us the latest on all of the mandates that are being issued through the SED and how to effectively implement them over a very tight timeline so that our students are learning and achieving at a rate that is more comprehensive than ever before. This is a very ambitious undertaking and we are taking the steps necessary to be successful. Our teachers are doing a great job of staying positive and accepting of all that is being asked. We appreciate their efforts and patience during this difficult time of transition.

"Chorus"pondence and Musical Notes

Submitted by Helen Timerman

SAVE THE DATE!!! March 28, 2012 @ 6:30 PM—CONCERT for Pre-K-8th grade classes **and Junior Chorus!!**



Please mark your calendars, as this event is always a lot of fun and the kids have really worked hard to perform well for the audience!! The focus for the lower grades will be "Our Earth" and the Chorus will sing a mix including a Spiritual, a Show Tune and a Pop Song. Also, the finale will be a song some of you will remember from a few years back - come and sing along!

PTSO NEWS
Submitted by Melissa Thomas



During the week of February 13 - 17 we will again be taking some time to recognize the Staff of LCS who every day put the youth of Lyme first. Each day we will randomly draw two names from the Staff list and they will receive a \$10 gift certificate. On Wednesday of that week we will have treats for the whole staff. If anyone who like to contribute to this event, please contact us.

Our next meeting is February 6, in the school lobby at 6:30 PM. We would love to see a few new faces.

Registration for Pre K and Kindergarten for the Fall of 2012

Deadline to Register: March 1

- To Register, please call 649-2417, Ext. 2 (Mrs. Stevens)
- Your child is eligible for Kindergarten if they are 5 years old by December 1, 2012.
- Your child is eligible for Pre K if they are 4 years old by December 1, 2012.



Collecting for Causes
Submitted by Marilyn Peters

February and March will be months for Lyme students to work once again for others.

Our Student Council, National Honor Society, and the Future Business Leaders of America will conduct a school-wide food drive to benefit the Chaumont Food Pantry during the weeks of February 6-10 and February 13-17. Items from each class/homeroom will be collected each day and the numbers of items will be recorded. The class/homeroom with the greatest number of items per student will be awarded a pizza party. All food items must be boxed or canned.

The National Honor Society will once again hold their annual coin drive, Rolling for Relay, during the weeks of March 5 - March 9 and March 12 - March 16. Money will be collected from each class/homeroom each day and the amount of money recorded. The class/homeroom with the greatest amount of money per student will be awarded a pizza or ice cream party. All proceeds will be donated to Lyme's Relay for Life team, which raises funds for the American Cancer Society.

Exciting Library News!
Submitted by Meghan Davison

Matt Corey will be visiting us from North Country Library System to have an E-book seminar in the school library on February 28, 2012. Please join us to learn more about E-books.

Schedule
5:30-6:30 Kindle Users
6:30-7:30 Other Devices



National School Lunch Program – Quick Facts

Our goal is to offer nutritious and tasty meals and snacks for all our students.

Many of our readers have been wondering how the new national nutrition standards announced on January 25, 2012 will affect our school lunch menu. In this article we are sharing a fact sheet and a sample menu that illustrates the changes we will undergo over the next three years. Reimbursement for lunches is based on a set meal plan. Students must be offered 5 items from each of these components: fruits, vegetables, Grains, meats/meat alternative, milk, and our hope is they will take them. But, technically a student may refuse up to two items and still have their meal count as an approved lunch with this exception: Students can decline 2 items but must take at least ½ cup of fruit and/or vegetable and take the other 3 component is the amount served. The school breakfast program offers three components that consist of a minimum of 4 food items. Students are allowed to decline 1 food item but still must select ½ cup of fruit, in this case. Milk is an important component of each meal and is offered at both breakfast and lunch.

The LCS cafeteria staff works hard to insure the meals served are appealing and meet USDA guidelines. We also try to offer a variety of food selections so your student has the chance to select items of their choice. We hope they enjoy our school lunch program!

Monday	Tuesday	Wednesday	Thursday	Friday
BEFORE	BEFORE	BEFORE	BEFORE	BEFORE
Beef and cheese burrito (5.3 oz) with mozzarella cheese (1 oz)	Hot dog on bun (3 oz) with ketchup (4 T)	Pizza sticks (3.8 oz) with marinara sauce (1.4 oz)	Breaded beef patty (4 oz) with ketchup (2 T)	Cheese pizza (4.8 oz)
Applesauce (1/4 cup)	Canned Peas (1/4 cup)	Banana	Wheat roll (2 oz)	Canned Pineapple (1/4 cup)
Orange Juice (4 oz)	Raw Celery and Carrots (1/8 cup each)	Risotto (1 oz)	Frozen Fruit Juice Bar (2.4 oz)	Tater Tots (1/2 cup) with ketchup (2 T)
2% Milk (8 oz)	Low-fat (1%) Chocolate Milk (8 oz)	Whole Milk (8 oz)	2% Milk (8 oz)	Low-fat (1%) Chocolate Milk (8 oz)
AFTER	AFTER	AFTER	AFTER	AFTER
Submarine Sandwich (1 oz turkey, 5 oz low-fat cheese) on Whole Wheat Roll	Whole Wheat Spaghetti with Meat Sauce (1/2 cup) and Whole Wheat Roll	Chef Salad (1 cup romaine, 5 oz low-fat mozzarella, 1.5 oz grilled chicken) with Whole Wheat Soft Pretzel (2.5 oz)	Oven-Baked Fish nuggets (2 oz) with Whole Wheat Roll	Whole Wheat Cheese Pizza (3 slices)
Refried Beans (1/2 cup)	Green Beans, cooked (1/2 cup)	Corn, cooked (1/2 cup)	Mashed Potatoes (1/2 cup)	Baked Sweet Potato Fries (1/2 cup)
Jicama (1/4 cup)	Broccoli (1/2 cup)	Baby Carrots, raw (1/4 cup)	Steamed Broccoli (1/2 cup)	Grape tomatoes, raw (1/4 cup)
Green Pepper Strips (1/4 cup)	Cauliflower (1/2 cup)	Banana	Peaches (canned, packed in juice) (1 cup)	Applesauce (1/2 cup)
Coleslaw wedges, raw (1/2 cup)	Egg Halves, raw (1/2 cup)	Skin Chocolate Milk (8 oz)	Skim Milk (8 oz)	Low-fat (1%) Milk (8 oz)
Skim Milk (8 oz)	Low-fat (1%) Milk (8 oz)	Low Fat Ranch Dressing (1.5 oz)	Tartar Sauce (1.5 oz)	Low Fat Ranch Dip (1 oz)
Mustard (9 grams)	Low Fat Ranch Dip (1 oz)	Low Fat Italian Dressing (1.5 oz)	Soft Margarine (1 g)	
Reduced fat mayonnaise (1oz)	Soft Margarine (5 g)			
Low Fat Ranch Dip (1 oz)				

Comparison of Current NSLP Elementary Meals vs. New Elementary Meals



National School Lunch Program Quick Facts

What is the School Lunch Program?

The National School Lunch Program is a federally assisted meal program operating in over 101,000 public and nonprofit private schools and residential child care institutions.

Participating school districts receive cash subsidies and donated foods from the U.S. Department of Agriculture (USDA) for each meal they serve.

The lunches must meet Federal requirements, including offering free or reduced-price lunches to low-income children. Schools are also reimbursed for snacks served in afterschool educational or enrichment programs.

Nutritional Requirements



School lunches must meet the applicable recommendations of the Dietary Guidelines for Americans such as limiting calories from fat. Lunches must also provide one-third of the Recommended Dietary Allowances for certain key nutrients. While school lunches must meet Federal requirements, decisions about what specific foods to serve and how they are prepared are made locally.

Qualifications

Any child at a participating school may purchase lunches. However, children from families with incomes at or below 130 percent of the poverty level are eligible for free meals. Those with incomes between 130 percent and 185 percent of the poverty level are eligible for reduced-price meals. Local schools set their own prices for full-price meals but must operate a nonprofit lunch program.

Reimbursements

Most of the support USDA provides to schools in the National School Lunch Program comes in the form of a cash reimbursement for each meal served.

In addition to cash reimbursements, schools are entitled by law to receive USDA foods, called "entitlement" foods. Schools can also get "bonus" USDA foods as they are available from surplus agricultural stocks.

USDA provides schools with technical training and assistance to help school food service staffs prepare healthful meals, and with nutrition education to help children understand the link between diet and health.



For more information visit:

<http://www.fns.usda.gov/cnd/Lunch>

Counseling & Career Center News February 2012

Financial Aid for College:

All parents of seniors are encouraged to attend the “**SUNY Statewide Student Financial Aid Days**” at Jefferson Community College. This is a service to all prospective college students and their families, regardless of where students will be attending college next year. This is a great opportunity to receive assistance directly from a financial aid professional. The purpose is to assist families in completing the Free Application for Student Aid (FAFSA) online at the program.

The local Financial Aid Day program will be on **Saturday, February 11, at Jefferson Community College**. Interested families must register for the event online at www.suny.edu/studentevents, or by calling 1-800-342-3811. Prior to attending this program, students and parents should bring the following information to the program:

- FAFSA PIN number (request a pin number at www.pin.ed.gov)
- Driver’s license and Social Security numbers
- Estimated 2011 Federal income tax returns
- W-2 forms and other records of income earned for 2011
- Bank statements/investment information
2011 untaxed income information

This program is very beneficial and has assisted families in completing the FAFSA form. Many parents have commented that it was very worthwhile to attend this program, because they could get their questions answered, and have the peace of mind knowing that their financial aid application was completed accurately.

Seniors: Scholarships Information:

Seniors are reminded to listen to the latest scholarship information. If interested in a particular scholarship, students can pick up the scholarship from Mrs. Durr in the Counseling Office. Mrs. Durr also visits the senior classes to announce when scholarship applications are available. The most recent listing of scholarships is on the www.lymecsd.org website. Go to the “Guidance” page and click on the scholarships link!

Sophomore Class Information:

On **Wednesday, February 8**, the Counseling Department is planning a visitation day for all students in the 10th grade class. This includes attending an orientation at the **Bohlen Technical Center**, and then visiting **Jefferson Community College**.

The Bohlen Technical Center offers a variety of programs that specialize in training for specific

careers. Typically, students who are interested in attending the technical center do so for half of the day during both their junior and senior years. Every year, the technical center hosts an orientation day. The purpose is to educate local area sophomores about the programs that are offered, and to assist students in determining if they would want to attend a program in the future. Students visit two programs that they have expressed interest in. This involves visiting the classroom, meeting the teachers, and observing students who are already enrolled in the program.

After the orientation program at the Bohlen Technical Center, Jefferson Community College is hosting “Sophomore Visitation Day” for local area 10th grade students. The purpose of the program is to promote higher educational opportunities that are available at Jefferson. The program consists of a panel presentation about academic programs, admission procedures, financial aid, and student activities. Students will also take a tour of the JCC campus.

Academic Advising/Course Selection for Next Year:

All students in grades 9-11 will meet individually with Mrs. Durr to discuss scheduling for next year. This involves selecting courses that will fulfill graduation requirements and be the most appropriate in regard to career goals and interests. All students will receive a copy of the courses that they are interested in. They are encouraged to share this list with their parents. In addition, if there are any questions or concerns, **parents are welcome to meet with their son/daughter for the course selection. Please contact Mrs. Durr in the Counseling Office if you are interested.**

Football Team

The Lyme Central School Board of Education has approved a combined Lyme and Thousand Islands Central Schools football team; both at the modified and varsity levels. Our students would play for Thousand Islands.

There will be an informational meeting on Monday, March 12, at 5:45 PM in Mrs. Castor’s classroom for boys who are interested in participating next year (2012-2013). All boys Grades 6-11 are welcome to attend this meeting.

Mr. Joseph Gilfus, High School Principal/Football Coach from Thousand Islands Central School will be here to discuss the requirements and fees for the football program.



Relay for Life February Events Submitted by Lin Towne

February 4 - World Cancer Day
 "Calling all hockey fans!"

The LCS Lyme Lights Relay for Life team has a unique opportunity to raise money to fight cancer. Simply print out a coupon voucher and take it to the Privateers hockey game at Alexandria Bay, on World Cancer Day, Feb. 4, and three dollars of your admission price will be donated to our team. Coupon vouchers may also be picked up in the school office. Enjoy a game while helping the Lyme Lights raise funds to fight back against cancer.

February 1 - Winter Break - ACS Annual Daffodil Sale


Please see Peggy Brennen, Sarah McClusky, Karen Jessman, or Lin Towne to place an order! Please make checks payable to the American Cancer Society. Flowers will be delivered in mid March.

Offerings:

- A bunch of 10 daffodils - \$10
- Mini Daffodil plant - \$10
- A Bear and a bunch - \$25
- Anonymous Gift - \$25 - A daffodil plant will be delivered to a local hospital or home for a person who is battling cancer.




**World Cancer Day
February 4, 2012**




Privateers Hockey

Join the Privateers & your favorite American Cancer Society team to raise money & fight Cancer on Saturday, Feb. 4th @7pm at the Bonnie Castle Rec. Center.



RELAY FOR LIFE
American Cancer Society




MAKING STRIDES
Against Breast Cancer
American Cancer Society

Bring this voucher to the Privateers game on Saturday, Feb 4 at 7pm & a portion of your \$10 ticket will go to your favorite American Cancer Society Team.


I'd like my attendance to support:
Lyme Lights
 (insert name of Relay or Strides team here)

**World Cancer Day
February 4, 2012**




Privateers Hockey

Join the Privateers & your favorite American Cancer Society team to raise money & fight Cancer on Saturday, Feb. 4th @7pm at the Bonnie Castle Rec. Center.



RELAY FOR LIFE
American Cancer Society



MAKING STRIDES
Against Breast Cancer
American Cancer Society

Bring this voucher to the Privateers game on Saturday, Feb 4 at 7pm & a portion of your \$10 ticket will go to your favorite American Cancer Society Team.

I'd like my attendance to support:
LYME LIGHTS
 (insert name of Relay or Strides team here)

Lyme Central School Elementary Awards December

Kindergarten – Mrs. Brennen

Academic & Art – Kirsten Widrick
 Citizen – Kaiden Bochenek
 Most Motivated – Derek Radley
 Library – Preston Mitchell
 Physical Education – Fiona Grant
 Music Vocal – Andrew Adams

Kindergarten – Ms. Sullivan

Physical Education – Payton Barbier
 Art & Music Vocal – Johanna Sherman
 Most Motivated – Eliza VanDewalker
 Citizen – Caylee Ortiz
 Academic – Haylee Munger
 Library – Ethan O'Brien

1st Grade -Ms. Allison

Academic & Art – Malena Stevenson
 Citizen – Elaina Kamprich
 Most Motivated – Carter Docteur
 Library- Kadi Kenyon
 Physical Education – Kenneth Timmerman
 Music Vocal – Mia Hoover

1st Grade– Mrs. Malone

Physical Education & Music Vocal – Antonia Bruno
 Library – Jessica Middlestate
 Most Motivated & Art – Courtney Kerley
 Citizen – Ashtin Avery
 Academic – Denilson DaSilva

2nd Grade – Mrs. McClusky

Academic – Isabell VanDewalker
 Citizen – Sean McCool
 Most Motivated – Vivian Williams
 Art – Derrike Goutremout
 Library – Dominick Sanford
 Physical Education & Music Vocal – Leah Goutremout

2nd Grade - Mrs. Perry

Citizen & Physical Education – Hailey LaComb
 Most Motivated – Laura Horton
 Art – Jordan Cheeseman
 Library – Gage Narrow
 Academic – Xena Skipper

3rd Grade – Mr. Heath

Music Vocal – Aniyah Henderson
 Health – Jena Narrow
 Art & Physical Education – Peyton Munger
 Most Motivated – Kayden Wilson
 Citizen – Vanessa Ashland
 Academic – Daveigh Robbins
 Library- Tyler Wilson

3rd Grade – Mrs. Tedford

Academic – Tyler Cordova
 Citizen – Roree Wilkie
 Most Motivated – Breanna Bishop
 Art – Wyatt Thomas
 Health- Christian Warner
 Library- Molly Timmerman
 Physical Education – Camille Stevenson

4th Grade - Mrs. Perkins

Academic – Zakkary Weston
 Citizen – Abby Valentine
 Most Motivated & Music Vocal – Arick Illingworth
 Health- Mallory Townsend
 Physical Education – Jaycee Paige
 Art & Library – Isaiah Wilson

4th Grade – Mrs. Wagenaar

Physical Education- Brian O'Donnell
 Library & Music Vocal – Martin Adams
 Health – Riley Aubertine
 Art – Austin Gregory
 Most Motivated – Damian Gessner
 Academic – Cole Avery
 Citizen – Dakota Cordner

5th Grade - Mrs. Ditch

Academic & Physical Education- Ryan Aubertine
 Citizen & Library- Grace O'Donnell
 Most Motivated – Rachel Barton
 Art – Padraic Williams



Notes from the Nurse

Submitted by Chris Lachenauer

Happy February! Thank goodness winter is almost over but there are still some things you can do to help keep your family and yourself healthier.



- Wash your hands often – keeping hands clean is one of the most important things you can do to stay healthy. Cover your mouth and nose when you cough or sneeze, if you don't have a tissue use your elbow instead of your hands.
- Stay warm – cold temperatures can cause serious health problems, especially in infants and older adults. Stay dry, and dress warmly in several layers of loose—fitting, tightly woven clothing.
- Manage stress – Balance work, home and play, keep a check on over-committing yourself. Get support from family and friends. Keep a relaxed and positive outlook and be sure to get enough sleep.
- Travel safely – Don't drink and drive. Wear a seat belt every time you get in the car. Always buckle your child in the car using a child safety seat, booster seat or seat belt according to their height, weight and age.
- Be smoke-free – avoid smoking and breathing other people's smoke. If you smoke, quit today! Call 1-800-QUIT-NOW or talk to your health care provider for help.
- Get check-ups and vaccinations – exams and screenings can help find potential problems early, when chances for treatment and cure are better. Vaccinations help prevent diseases and save lives. Schedule a visit with your health care provider for a yearly exam. Ask what vaccinations and tests you should get based on your age, lifestyle, travel plans, medical history and family health history.
- Watch the kids- children are at high risk for injuries that can lead to death or disability. Keep potentially dangerous toys, food, drinks, household items and choking hazards out of kids' reach.
- Prevent injuries – injuries can occur anywhere and anytime. Leave the fireworks to a professional, wear a bike helmet. Keep vaccinations up to date. Keep candles away from children, pets, walkways and curtains. Never leave fireplaces, stoves or candles

unattended. Install smoke and carbon monoxide detectors and check them monthly.

- Handle and prepare food safely- wash hands and surfaces often. Keep raw meat, poultry, seafood and eggs away from ready to eat foods and eating surfaces. Cook foods to the proper temperature and refrigerate promptly. Don't leave perishable foods out for more than 2 hours.
- Eat healthy and be active – find fun ways to stay active, such as dancing to your favorite music. Be active for at least 2 ½ hours a week. Help kids and teens be active for at least 1 hour a day.

Contest Winners

Submitted by Olivia Ososkalo, Mrs. Tedford's 3rd grade class

Yesterday, we won a contest because we entered some of our artwork that were pictures of Chaumont. TDS representatives came to our classroom and told us that our artwork was very good. They said that our pictures will be in the phonebook when it comes out in May. We are proud of what we did. We were rewarded with a check and student calculators. We plan to spend the \$250 on supplies for reading, math, and science, or perhaps we will go on a field trip and get ice cream!



Lyme Café February 2012

Fruit Variety:
Applesauce, Peaches,
Pears,

Fresh Fruit Daily:
Apples, Oranges, Bananas

Daily Salad Bar:
Lettuce, Tomatoes, Cucumbers,
Broccoli, Cheese, Meat, Croutons

Daily Sandwiches:
Tuna, Cold Meat,
Peanut Butter & Jelly

Daily Breakfast:
Juice, Milk, Cereal, &
Different Entrees
Grade 6-12 Grab-n-go
Breakfast: Juice, Milk, Cereal,
Entrée or Bagel & Cream
Cheese or Breakfast Bars

PRICES
Breakfast \$1.00
Lunch PreK-5 \$1.50
Lunch 6-12 \$2.00

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Nutrigrain bars Hot dogs Potato rounds Beans Fruit mix	2 Toast/peanut butter Taco salad: meat, lettuce, cheese, salsa, sour cream Corn salad Fruit variety	3 Egg patty & toast Grilled cheese Soup/crackers Cucumber chips Apples, oranges, bananas
6 Toast/jelly Mac & cheese bites Corn Whole wheat bread Fruit choice	7 Low fat muffins Turkey or tuna on a bagel: lettuce, tomato Carrot sticks Fruit mix	8 Nutrigrain bars Cheeseburger on a wheat bun Fries Pickles Fruit choice	9 Toast/peanut butter Chicken nuggets Mashed potatoes Green beans Fruit mix	10 French toast sticks Shrimp & fries Cole slaw Jello Fruit variety
13 Oatmeal & toast Chicken patty Broccoli & cheese Gingerbread Fruit mix	14 "Honey" buns "Cupids" pizza "Heart" healthy salad "Love" cups "Sweet" fruit choice	15 Breakfast pizza French toast sticks Hash browns Sausage Fruit juice	16 Breakfast bar Deli works: turkey, ham, cheese, roast beef, tuna, lettuce, tomato Pretzels Orange wedges	17 Cinnamon toast Fish shapes French fries Carrot/celery sticks Fresh fruit
20 WINTER	21 BREAK	22 NO	23 SCHOOL	24
27 Toast/jelly Hot meatball sub or turkey, tuna, lettuce, tomato Corn chips Fruit choice	28 Breakfast on a stick Hot dogs/toppings Seasoned rotini Celery sticks Fruit choice	29 Nutrigrain bars Chicken nuggets Potatoes Green beans Fruit choice	March 1 Pop tarts Fajitas: chicken, lettuce, tomatoes, salsa Cucumber chips Pears	March 2 Pancakes Cheese pizza Tossed salad Fruit mix

February 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
5 1:00 PM Youth Commission Basketball Grades 3-6	6 NHS, FBLA, Student Council Food Drive 2/6-2/17 3:00 PM Good News Club 4:30 PM Girls' Mod Basketball vs. ABay (H) 5:00 PM Boys' Mod Basketball vs. ABay (A) 6:30 PM PTSO Meeting	7 6:00 PM Zumba Class	8 9:30 AM 10th Grade to BTC/JCC 4:30 PM Boys' Mod Basketball vs. Belleville-Henderson (A) 8:00 PM Boys' Basketball Finals @ JCC	9 6:00 PM BOE Meeting 6:00 PM Zumba Class 8:00 PM Girls' Basketball Finals @ JCC	10 4:30 PM Girls' Mod Basketball vs. Sackets Harbor (H) 5:00 PM Boys' Mod Basketball vs. Sackets Harbor (A)	11 8:00 AM Zumba Class 9:15 AM Youth Commission Basketball 11:00 AM TOL Girls Grades 9-12 Basketball
12 1:00 PM Youth Commission Basketball Grades 3-6	13 3:00 PM Good News Club 4:00 PM Girls' Mod Basketball vs. Sackets Harbor (A) 4:30 PM Boys' Mod Basketball vs. Sackets Harbor (H)	14 6:00 PM Zumba Class	15 4:30 PM Girls' Mod Basketball vs. Copenhagen (H) 5:00 PM Boys' Mod Basketball vs. Copenhagen (A)	16 6:00 PM Zumba Class	17 1/2 Day for Students	18 8:00 AM Zumba Class 9:15 AM Youth Commission Basketball Grades 3-6 11:00 AM TOL Girls Grades 9-12 Basketball
19 1:00 PM Youth Commission Basketball Grades 3-6	20 PRESIDENT'S DAY-SCHOOL CLOSED	21 WINTER BREAK 6:00 PM Zumba Class	22 WINTER BREAK	23 WINTER BREAK 6:00 PM Zumba Class	24 WINTER BREAK	25 8:00 AM Zumba Class 9:15 AM Youth Commission Basketball Grades 3-6
26 1:00 PM Youth Commission Basketball Grades 3-6	27 3:00 PM Good News Club 4:30 PM Boys' Mod Basketball vs. ABay (H) 5:00 PM Girls' Mod Basketball vs. ABay (A) 6:30 PM Booster Club	28 6:00 PM Zumba Class	29 4:30 PM Boys' Mod Basketball vs. LaFargeville (A) 4:30 PM Girls' Mod Basketball vs. LaFargeville (H)			

Lyme Central School District

11868 Academy Street

PO Box 219



LEARNING CREATES SUCCESS

School Phone (315) 649-2417

School Fax (315) 649-2663

Bus Garage (315) 649-2723

SAVE THE DATE

February 17—1/2 day for students

**February 20—President's Day,
School Closed**

**February 20-24
Winter Break**