

Mental Health Services List
Jefferson County NY

If you are in need of IMMEDIATE/CRISIS Help Call 24/7:

Jefferson County Crisis Response - 315-782-2327
Samaritan Medical Center Mental Health Hotline - 315-785-4516
911

This sheet is for Informational Purposes ONLY

Always call the Provider to Verify Accuracy of this Sheet as Information May Have Changed

General Mental Health and Substance Use Treatment Providers

<p><u>Community Clinic Of Jefferson County</u></p> <p>315-782-7445</p> <p>211 J.B. Wise Place Watertown, N.Y. 13601</p> <p>All Ages</p> <p>Services MAY include: Individual, Family, Group Therapy Offered Medication Management Available</p> <p>Accepts: Medicaid, Medicare, and most private insurances. Sliding Scale for Self Pay Available</p> <p>M - 8a - 6p (Walk In 9a - 12p) T - 7a - 7p (Walk In 3p - 6p) W - 8a - 6p (Walk In 9a - 12p) Th - 7a - 7p (Walk In 3p - 6p) Fr - 8a - 6p</p>	<p><u>Credo Community Center</u></p> <p>1-888-585-2228</p> <p>595 West Main Street Watertown, N.Y. 13601</p> <p>14 years - Adult</p> <p>Substance Use and Mental Health Services</p> <p>Services MAY include: Individual and Group Services for both Substance Use and Mental Health, Medication Management, Psychiatric Diagnostic Eval, Case management, residential services available for some groups/populations.</p> <p>Accepts: Medicaid and most primary insurances. A Sliding Scale is available for those without coverage.</p> <p>M - Th 6:30a - 7:00pm F - 6:30a - 5:00p Sa - 7:00a - 11:30a</p>
<p><u>Family Counseling Services</u></p> <p>315-782-4483</p> <p>531 Washington Street Suite 4124 Watertown, N.Y. 13601</p> <p>All Ages</p> <p>Services MAY include: Individual counseling, couples counseling, family counseling, parenting education, play therapy, DV counseling, Sexual Abuse Counseling, PTSD</p> <p>Accepts: Fidelis Care, BC/BS, Martin's Point, Tricare, United Health Care only. NO MEDICARE</p> <p>M - 8a - 6p T - 8a - 6p W - 8a - 6p Th - 8a - 6p Fr 8a - 4p</p>	<p><u>Transitional Living Services/Behavioral Health and Wellness</u></p> <p>315-782-1777</p> <p>482 Black River Parkway Watertown, N.Y. 13601</p> <p>5 years - Adult</p> <p>Services may include: psychiatric evaluation/assessment, medication management, group therapy, individual therapy, couples counseling, family therapy, support groups.</p> <p>Accepts Medicaid, Medicare, Tricare, Fidelis, BC/BS, and other private Insurances.</p> <p>M - 8a - 6:30p T - 8a - 4:30p W - 8a - 4:30p Th - 8a - 4:30p F - 7:30a - 4:30p</p>

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<p style="text-align: center;"><u>Samaritan Behavioral Health</u></p> <p style="text-align: center;">315-779-5060</p> <p style="text-align: center;">1575 Washington Street Watertown, N.Y. 13601</p> <p style="text-align: center;">All Ages</p> <p>Services MAY include: Individual Counseling, Couples Counseling, Family Counseling, Play Therapy, Sexual Abuse Counseling</p> <p>Accepts: Participates in many insurances.</p> <p style="text-align: center;">M - F 8a - 5p</p> <p>Walkins available in the AM depending on availability.</p>	<p style="text-align: center;"><u>North Country Family Health Center</u></p> <p style="text-align: center;">315-782-9450</p> <p style="text-align: center;">288 Arsenal Street Watertown, N.Y. 13601</p> <p style="text-align: center;">All Ages</p> <p>Services MAY Include: Family Counseling, Individual Counseling, Marriage Counseling</p> <p>Accepts: Participates in many insurances, sliding scale, and can assist with insurance enrollment.</p> <p style="text-align: center;">M - F 8a - 6p</p>
<p style="text-align: center;"><u>Rubenzahl, Knudsen, & Associates</u></p> <p style="text-align: center;">315-788-3332</p> <p style="text-align: center;">226760 Summit Drive Suite 2 Watertown, N.Y. 13601</p> <p style="text-align: center;">All Ages</p> <p>Services MAY include: Individual Therapy, Couples and marital therapy, family therapy, group therapy. Psychological Testing</p>	<p style="text-align: center;"><u>River Community Wellness</u></p> <p style="text-align: center;">315-482-1277</p> <p style="text-align: center;">4 Fuller Street Alexandria Bay, N.Y. 13607</p> <p style="text-align: center;">All Ages</p> <p>Services MAY include: individual therapy, couples counseling, group therapy, family therapy.</p> <p style="text-align: center;">M - F 8a - 5p</p>
<p style="text-align: center;"><u>Carthage Behavioral Health</u></p> <p style="text-align: center;">315-493-3300</p> <p style="text-align: center;">3 Bridge Street Carthage, N.Y. 13619</p> <p style="text-align: center;">All Ages</p> <p>Services May Include: Assessment, verbal therapies, medication therapy, clinical support, health education.</p> <p>Accepts: Tricare for Life, Healthnet, Pomco, BC/BS, Medicaid, Medicare, GHI, MVP, and additional private insurances.</p> <p style="text-align: center;">M - F 8a - 6p</p>	<p>There are additional private practice providers in the county. You can find them by doing some research and calling their offices individually.</p> <p>Your primary care doctor may also be able to help you with referrals/recommendations.</p> <p>Your health insurance provider can also help you find services in your area. Call the number on the back of your insurance card.</p> <p>There are additional peer support groups for mental health and substance use recovery in the Jefferson County Area, you can ask your primary care or any of the clinics for additional information</p>

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Specialty Mental Health Services

<p><u>Veterans Center</u></p> <p>315-782-5479 1511 Washington Street Suite A Watertown, N.Y. 13601</p> <p>Approved Veterans and their families through VA Center</p> <p>Services may include: Couples and family counseling, PTSD Care, Mental Health Care</p> <p>Mon. 8:00 a.m. to 4:30 p.m. Tue. 8:00 a.m. to 4:30 p.m. Wed. 8:00 a.m. to 4:30 p.m. Thu. 8:00 a.m. to 4:30 p.m. Fri. 8:00 a.m. to 4:30 p.m.</p>	<p><u>Victims Assistance Center</u></p> <p>315-782-1823 418 Washington Street Watertown, N.Y. 13601</p> <p>All persons who have been the victim of crime</p> <p>Services MAY include: mental health services, case management, safe shelter, advocacy, child services.</p> <p>M - F 8:00a - 4:30pm (closed daily 12:30 - 1:00p)</p>
<p><u>Hospice of Jefferson County</u></p> <p>315-788-7343</p> <p>1398 Gotham Street Watertown, N.Y. 13601</p> <p>All persons who are dealing with bereavement and loss of a loved one</p> <p>Bereavement Related Counseling Services Including Individual Support, Family Support, Adult Support Groups, and Youth Support Groups</p>	