

2018 - 2019
Second Semester Report
for
Lyme Central School

*Student Assistance Counselor
Kathryn Larsen*

Lyme CSD Student Assistance Program 2018-19 1st Semester Report

	<i>First Semester</i>	<i>Second Semester</i>	<i>YTD</i>
<i>Client Services</i>			
New Students	11	22	33
On-going Contacts	19	52	71
Teen Intervene (substance use cessation program)	1	3	4
Family Member Involvement	9	12	21
<i>Character Education</i>			
K Grade - Second Steps			
Number of Sessions	13	12	13
Number of Students	39	38	39
1st Grade - Second Steps			
Number of Sessions	12	10	12
Number of Students	17	17	17
2nd Grade - Second Steps			
Number of Sessions	12	10	12
Number of Students	25	26	25
3rd Grade - Second Steps			
Number of Sessions	12	10	12
Number of Students	23	24	23
4th/5th Grade- Life Skills			
Number of Sessions	8	n/a	8
Number of Students	56	n/a	56
<i>Referral Sources</i>			
Teacher/School Staff	5	12	17
Administration	2	8	10
Parent	1	1	2
Self Referred	3	8	11
Follow Up from Second Step/ Life Skills Classes	1	1	2
<i>Type of Problems</i>			
Alcohol and Drug Use/Abuse	1	3	4
Vaping Nicotine	3	4	7
Marijuana Use	1	4	5
COA/COSA	2	3	5
Academic Problems	4	7	11

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	<i>First Semester</i>	<i>Second Semester</i>	<i>YTD</i>
<i>Type of Problems (Cont.)</i>			
Behavioral Referrals at School	3	7	13
Divorce	4	1	5
Other Family Problems	9	10	19
Truancy/Attendance Problems	1	6	7
Anger Issues	1	9	10
Eating Problems/Disorders	1	3	4
Depressive Behavior	3	13	16
Anxiety	7	12	19
Peer Conflicts/ Bullying	5	10	15
Suicidal Ideation	0	0	0
Grief and Loss	3	4	7
Self Injury	0	2	2
Life Transition Issues	3	9	12
Deployment/ Military Life Issues	0	0	0
Sexuality	1	8	9

The Student Assistance Counselor attended the following trainings:

Suicidality in Teens on Relias	completed
Second Steps Curriculum Development & Updates	completed
Truth About Drugs for NDAFW	1/8/2019
Substance Abuse Prevention Skills Training	2/26-27, 3/7-8
Sources of Strength and Q Center Trainings	2/15/2019
Alliance for Better Communities meetings and trainings	monthly

The Student Assistance Counselor also:

Provided an information table at Parent Teacher Conferences			
Contributes to the School Newsletter 4/23/19			
Distributes parent information letters to Second Step Classrooms	ongoing	ongoing	completed
Distributes parent information letters to Life Skills Classrooms	completed	n/a	56
Maintains and contributes to Student Assistance Website	ongoing	ongoing	
Presented e-cigarette info to students in grades 5-12			
Pushing into classes to talk about wellness w/ all grade levels:	ongoing incl.	Senior Adulting Day 6/17/19	
Distribute info to families & staff regarding substance use, mental health, wellness:	ongoing		
Presenting info on substance abuse prevention in secondary classes	May & June		
Cosmic kids yoga sessions for self-regulation	May & June		